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Full Length Research Paper

Evaluation of the edible muscles of four species of crustaceans from three regions of Egypt and Saudi Arabia

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The edible crustaceans, *Erugosquilla massavensis* (mantis shrimps), *Penaeus semisulcatus*, *Metapenaeus monoceros* (shrimps) and *Portunus pelagicus* (crabs), from different regions are important components of the aquatic fauna that have a small yet growing economic importance in the markets. These edible crustaceans can be beneficial as nutraceutical and pharmaceutical components, if we can use in the treatment of some diseases. So, the purpose of the present work was, therefore, to assess the protein, carbohydrates, and lipids, vitamins (B₁, B₂), minerals (K, Na, Ca, P, S) of these species, which may in the future play an important role in some pharmaceutical industries and may be used as specific health foods (functional supplements). In the present study, analysis of edible muscle of mantis shrimp, shrimps and crab indicated the presence of high level concentration of total proteins (52.11%) in male *E. massavensis*; male and female *E. massavensis* recorded the largest value of carbohydrate concentrations (2.59%, 2.95% respectively). Furthermore male *E. massavensis* recorded the highest values of total lipids (17.66%) in comparison with other studied crustaceans. Also, the results showed that the estimation of Vitamins B₁, B₂ level recorded the highest average concentrations of vitamin B₁ (0.407 mg/100gm) in female *M. monoceros*, while male *M. monoceros* of the Arabian Gulf had the highest value of vitamin B₂ (0.532 mg/100gm). Furthermore, the analysis of 5 elements (K, Na, Ca, P and S) showed the highest average concentration of K (677.05, 600.0 mg/kg) and Na (703, 688 mg/kg) present in male and female *E. massavensis* respectively, also, male and female *E. massavensis* recorded the highest value of Ca, P concentration, while female *P. pelagicus* of Red Sea and Arabian Gulf recorded the highest value of S concentration. Therefore the , mantis shrimp, shrimps and crabs used in this study could be considered as a balanced human diet and may be used in some pharmaceutical industries for the treatment of some diseases.

Keywords: Mantis shrimps (*Erugosquilla massavensis*, *Penaeus semisulcatus*, *Metapenaeus monoceros*), crab (*Portunus pelagicus*), total protein, carbohydrate, lipids, vitamins (B₁, B₂) and minerals (K, Na, Ca, P, S).

INTRODUCTION

The introduction of exotic animals into many areas of the

world, among which species of crab, shrimps and mantis shrimps (as *Erugosquilla massavensis*) are also included, became a widespread practice. The mantis shrimp, *E. massavensis* is a potentially important Egyptian constituent

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of the fishery for economic crustaceans both in the area of the Suez Canal and in the Mediterranean Sea at Port Said displacing and dominating the local species *Squilla mantis*. Since landings of these mantis shrimps (Kocatas and Katagan, 1995 and Sa1lam et al, 2006) are incorporated with those of the penaeid prawns, the nature of its fishery is therefore described as a part of the overall fishery of commercial crustaceans. The edible crustaceans can be beneficial as nutraceutical and may be used in some pharmaceutical industries, as reported by Fahmy et al. (2009); Fahmy and Hamdi (2011 a, b); Hamdi (2011) and Abdel Salam (2014).

It is interesting to note that the majority of marine organisms have attracted much attention as potential sources of drugs, recently, that are mainly found in invertebrates such as sponges, tunicates, molluscs, crustaceans and coelenterates. Some species produce very active biochemical compounds which have pharmaceutical value as anticancer drugs and antibiotics (Alonso et al., 2003). Other species have shown clinical antitumor activity in refractory soft tissue sarcoma and ovarian cancer (D'Incalci et al., 2004). Several reports have described aspects of the crustaceans, particularly the edible species that have been intensely investigated and used as model organisms in a number of studies on biochemical composition and nutritive quality (Rosa and Nunes, 2002; Hamdi and Zaghoul, 2006; Hamdi and Abd El-Monem, 2006; Ibrahim and Khalil, 2009; Ehigiator and Oterai, 2012; Abdel Salam, 2013 and Abdel Salam, 2014). Studies on the biochemical components of economic crustacean species in the edible muscles carried out to assess the nutritive quality of this species for human consumption (Sallem *et al.*, 2006; Mitra *et al.*, 2010).

Vitamins have a nutritional value and play important roles in cell metabolism. The B vitamins often work together to deliver a number of health benefits to the body. Minerals are particularly significant in the different biological functions. Potassium (K) and sodium (Na) regulate the electrolyte and acid-alkali balances, the conductive capacity of the nerves, muscle contractions and the production of adrenaline and amino acids. Calcium (Ca) is considered that most important of the principal mineral element (macronutrients) which constitutes 60-80% of all the inorganic material in the human body. Phosphorus (P) is an essential mineral for cell function and it occupies a key role in all reactions with magnesium (Mg).

So, the purpose of the present work was, therefore, to assess the level of protein, carbohydrates, and lipids, vitamins (B₁, B₂), minerals (K, Na, Ca, P, S) of both sex of mantis shrimps, shrimps and crab (*E. massavensis*, *Penaeus semisulcatus*, *Metapenaeus monoceros*, and *Portunus pelagicus*) respectively, which may in the future play an important role in some pharmaceutical industries and may be used as specific health foods (functional supplements).

MATERIALS AND METHODS

-Collection of samples:

The edible crustaceans, *Erugosquilla massavensis*, *Penaeus semisulcatus*, *Metapenaeus monoceros* and *Portunus pelagicus* were collected from different sites as follows:

1) Mantis shrimp (*Erugosquilla massavensis*) samples were obtained from the Mediterranean Sea (Port Said).

2) *Penaeus semisulcatus* (shrimp) from Mediterranean Sea (Port Said) and Red Sea (Saudi Arabia).

3) *Metapenaeus monoceros* (shrimp) from Arabian Gulf (Saudi Arabia-Dammam).

4) *Portunus pelagicus* (Crab) from Mediterranean Sea (Port Said), Red Sea (Saudi Arabia) and Arabian Gulf (Saudi Arabia-Dammam).

-Separation of muscle away from exoskeleton:

Fresh whole bodies of mantis shrimps, shrimps and crab samples were stored at -20°C to facilitate heeling process after thawing when needed as most crustaceans.

-Preparation of muscle for biochemical analysis:

After peeling, all the samples were dissected and edible muscles of both the sexes were separated and dried in an oven for 6 hours at 105°C, powdered and then burned in a muffle furnace for 16 hours at 550°C till reduced to ash (Sidwell *et al.*, 1970). Powdered samples of muscles were analyzed for total proteins (Lawery *et al.*, 1952), total lipids (Holland and Hannant, 1973) and carbohydrates (Barber and Blake, 1981). All values were expressed on percentage dry weight basis.

-Mineral and vitamin analyses:

1) Mineral analysis: Concentrations of 5 elements (K, Na, Ca, P and S) were measured using Perkin Elmer Atomic Absorption Spectrometer (800) with flow injection analysis system (FIAS) (Larsen and Sandstrom, 1993).

2) Vitamin analysis: vitamins (B₁, B₂) were analyzed using HPLC, the Varian 940- LC (Brubacher et al., 1985).

Statistical analysis

Data are expressed as means \pm S.E. of five separated determinations.

Means with the same letter for each parameters are not significantly different, otherwise they do (P<0.05). SPSS, for Windows (Version 15.0) was used for statistical analysis.

Table 1. Biochemical constituents percentage of edible muscles of male and female crustaceans .

Species	Region	Protein %		Carbohydrates%		Lipids%	
		males	females	males	females	males	Females
<i>E. massavensis</i>	Mediterranean Sea	52.11±1.52 ^a	38.89±0.59 ^e	2.59±0.01 ^b	2.95±0.02 ^a	17.66±0.02 ^a	11.55±0.32 ^d
<i>P. semisulcatus</i>	Mediterranean Sea	36.47±1.42 ^e	44.37±2.00 ^{bc}	2.09±0.03 ^d	1.69±0.04 ^h	13.69±0.29 ^c	12.80±0.01 ^d
<i>P. semisulcatus</i>	Red Sea	41.45±1.99 ^{cd}	41.84±1.22 ^{cd}	1.84±0.006 ^f	1.81±0.02 ^{fg}	9.51±0.28 ^e	8.41±0.11 ^f
<i>M. monoceros</i>	Arabian Gulf	40.53±0.89 ^d	41.88±0.64 ^{cd}	1.75±0.04 ^{gh}	1.85±0.04 ^{fg}	9.43±0.12 ^e	9.09±0.15 ^e
<i>P. pelagicus</i>	Mediterranean Sea	37.39±0.35 ^e	45.97±1.15 ^b	1.95±0.01 ^e	2.30±0.02 ^c	15.49±0.01 ^b	13.82±0.22 ^c
<i>P. pelagicus</i>	Red Sea	44.06±0.88 ^{bcd}	45.19±1.03 ^{bc}	2.44±0.02 ^c	2.51±0.01 ^{bc}	7.91±0.51 ^g	7.45±0.06 ^h
<i>P. pelagicus</i>	Arabian Gulf	44.28±0.98 ^{bc}	44.88±2.31 ^{bc}	2.00±0.12 ^e	2.33±0.01 ^d	6.89±0.05 ^{hi}	7.22±0.08 ^h
ANOVA[†] (Species effect)		F= 8.854 P<0.001		F=99.863 P<0.001		F=690.270 P<0.001	

Data are expressed as mean ± S.E of five separated determinations; means with the same superscript letters for each parameter are not significantly different, otherwise they do (P<0.05).

RESULTS

Biochemical constituent analysis (Total protein, Carbohydrates, Lipids):

Analysis of edible muscle of both shrimps and crab indicated the presence of high level concentration of total protein (52.11%) of male *E. massavensis* which is followed by male and female *P. pelagicus* of all regions of study except male *P. pelagicus* of Mediterranean Sea, Egypt (which recorded the least value of protein concentrations), followed by *P. semisulcatus* and *M. monoceros* (Table 1).

Male and female *E. massavensis* recorded the largest value of carbohydrate concentrations (2.59, 2.95%) respectively, where *P. semisulcatus* and *M. monoceros* recorded the smallest values. In between was *P. pelagicus* of all regions of study which recorded the medium values (table 1).

Male *E. massavensis* and male *P. pelagicus* of Mediterranean Sea were recorded the highest values of total lipids (17.66, 15.49%, respectively) while, male *P. pelagicus* of the Arabian Gulf was recorded the smallest values (table 1).

Table 2. Vitamin B₁ and B₂ content (mg/100gm) in edible muscles of males and females crustaceans species .

Species	Region	Vitamin B ₁		Vitamin B ₂	
		Males	females	males	females
<i>E. massavensis</i>	Mediterranean Sea	0.140±0.01 ^h	0.094±0.07 ^j	0.423±0.02 ^{bc}	0.400±0.01 ^c
<i>P. semisulcatus</i>	Mediterranean Sea	0.220±0.003 ^g	0.116±0.01 ⁱ	0.259±0.00 ^f	0.241±0.00 ^f
<i>P. semisulcatus</i>	Red Sea	0.262±0.002 ^f	0.350±0.00 ^d	0.318±0.00 ^{ef}	0.396±0.05 ^d
<i>M. monoceros</i>	Arabian Gulf	0.304±0.00 ^e	0.407±0.00 ^a	0.429±0.00 ^{bd}	0.532±0.00 ^a
<i>P. pelagicus</i>	Mediterranean Sea	0.251±0.02 ^j	0.249±0.01 ⁱ	0.322±0.01 ^{ef}	0.355±0.01 ^d
<i>P. pelagicus</i>	Red Sea	0.307±0.002 ^e	0.374±0.00 ^c	0.308±0.00 ^{de}	0.518±0.00 ^a
<i>P. pelagicus</i>	Arabian Gulf	0.385±0.002 ^b	0.376±0.01 ^c	0.365 ±0.00 ^{de}	0.358±0.00 ^{de}
ANOVA[▲]	(Species effect)	F=2262.236 P<0.0001		F=20.672 P<0.0001	

Data are expressed as mean ± S.E of five separated determinations; means with the same superscript letters for each parameter are not significantly different, otherwise they do (P<0.05).

Vitamin analysis:

Vitamins B₁, B₂ were analyzed in all types of crustaceans species studied of all regions (table 2). The results recorded the highest average concentrations of vitamin B₁ (0.407, 0.385 mg/100gm) of female *M. monoceros* and male Arabian Gulf strain *P. pelagicus* respectively, while, *E. massavensis*, *P. semisulcatus* and *P. pelagicus* of Mediterranean Sea recorded the smallest values of vitamin B₁. Male and female *M. monoceros* of the Arabian Gulf recorded the highest value of vitamin B₂ (0.532, 0.429 mg/100gm respectively) followed by both sex of *E. massavensis* (423, 400 mg/100gm for male and female respectively), where *P. semisulcatus* of Mediterranean Sea recorded the smallest values of vitamin B₂ (259, 241 mg/100gm for male and female respectively). Furthermore, it was observed that the concentrations of vitamin B₂ in edible muscles of all studied crustaceans samples were higher than vitamin B₁ except in both sex of *P. pelagicus* from Arabian Gulf region.

Mineral analysis:

Analysis of 5 elements (K, Na, Ca, P and S) present in edible muscle of mantis shrimps, shrimps and crabs showed the highest average concentration of K (677.05, 600 mg/kg) and Na (703, 688 mg/kg) present in male and female *E. massavensis* respectively (table 3). The smallest value of K concentration was recorded in edible muscle of male and female *P. semisulcatus* of Mediterranean sea, where male and female *P. pelagicus* of Arabian Gulf recorded the smallest value of Na concentration (table 3).

Also, male and female *E. massavensis* recorded the highest value of Ca, P concentration, while female *P. pelagicus* of Red Sea and Arabian Gulf recorded the highest value of S concentration (table 4). Male and female *P. semisulcatus* of Mediterranean Sea recorded the next highest Ca concentration value and the lowest S concentration value (table 4). Furthermore, male and female *M. monoceros* of Arabian Gulf recorded the lowest value of Ca, P concentration (table 4).

Table 3. Potassium and Sodium concentrations in edible muscles of crustaceans species given as mg/kg dry weight

Species	Region	K		Na	
		males	females	males	Females
<i>E. massavensis</i>	Mediterranean Sea	677.05±3.04 ^a	600±1.00 ^b	703±3.44 ^a	688±5.16 ^b
<i>P. semisulcatus</i>	Mediterranean Sea	115±0.08 ^g	117±1.02 ^g	355±1.02 ^c	350±0.09 ^c
<i>P. semisulcatus</i>	Red Sea	359.5±0.31 ^c	204.3±0.30 ^f	309.3±0.61 ^{de}	261.5±0.45 ^f
<i>M. monoceros</i>	Arabian Gulf	294.1±3.15 ^d	194.4±0.30 ^f	305.3±0.33 ^e	324.4±0.87 ^d
<i>P. pelagicus</i>	Mediterranean Sea	233±0.512 ^e	239±0.32 ^e	262±0.98 ^f	270±0.89 ^f
<i>P. pelagicus</i>	Red Sea	267.8±0.173 ^d	347.7±0.12 ^c	220.6±0.63 ^h	245.87±0.30 ^g
<i>P. pelagicus</i>	Arabian Gulf	255.8±0.20 ^e	274.1±0.32 ^d	209.9±0.61 ^h	226.9±0.65 ^h
ANOVA[†] (Species effect)		F=0.839 P> 0.05		F=247.131 P<0.0001	

Data are expressed as mean ± S.E of five separated determinations; means with the same superscript letters for each parameter are not significantly different, otherwise they do (P<0.05).

Table 4. Calcium, phosphorus and sulphur concentrations in edible muscles of crustaceans species given as mg/kg dry weight.

Species	Region	Ca		P		S	
		males	females	males	females	males	Females
<i>E. massavensis</i>	Mediterranean Sea	803±2.03 ^a	799±1.06 ^a	2405±4.08 ^a	2389±2.18 ^b	1145±2.07 ^c	1010±1.00 ^f
<i>P. semisulcatus</i>	Mediterranean Sea	708±3.50 ^b	710±1.22 ^b	583.33±0.88 ^e	463.33±1.86 ^f	879±0.88 ^k	907±1.06 ^j
<i>P. semisulcatus</i>	Red Sea	484.3±1.23 ^d	435.0±0.64 ^d	702.6±0.64 ^d	732±1.44 ^d	918.3±1.36 ⁱ	1031.3±1.63 ^e

Table 4. Continue

<i>M. monoceros</i>	Arabian Gulf	472.7±0.14 _e	401.4±0.59 _e	691.5±0.60 ^d	666.8±0.86 _d	1024.7±1.44 _{ef}	913.3±1.45 ⁱ
<i>P. pelagicus</i>	Mediterranean Sea	655±0.67 ^c	649±1.09 ^c	822±2.33 ^c	811±1.44 ^c	939±0.881 ^h	999±0.98 ^g
<i>P. pelagicus</i>	Red Sea	491.0±0.59 _d	519.0±1.19 _d	736.4±1.85 ^d	705.5±1.09 _d	929.3±0.639 _{hi}	1223.8±0.85 _a
<i>P. pelagicus</i>	Arabian Gulf	537.4±1.15 _d	546.1±2.60 _d	715.3±1.07 ^d	713.6±3.18 _d	1127.1±1.46 _d	1180±1.16 ^b
ANOVA[▲] (Species effect)		F=3.586 P<0.001		F=2.641 P< 0.05		F=1907.278 P<0.0001	

Data are expressed as mean ± S.E of five separated determinations; means with the same superscript letters for each parameter are not significantly different, otherwise they do (P<0.05).

DISCUSSION

Products from marine sources have recently become attractive as nutraceutical and functional foods and as a source material for the development of drugs and specific health foods (functional supplements). Supplements derived from marine foods have been shown to have various functions in animal and clinical experiments. For example, proteins and its functional peptides, saturated and unsaturated fatty acids, minerals and vitamin K are being increasingly used to treat and prevent a wide variety of lifestyle-related diseases and to improve the quality of life. In this study, we analysed the edible muscles of marine crustaceans, mantis shrimps (*Erugosquilla massavensis*), shrimps (*Penaeus semisulcatus*, *Metapenaeus monoceros*) and crabs (*Portunus pelagicus*) from different regions to open the door for production of new products of nutraceutical and healthy food or production of a source material of drugs from unusable marine source. Some edible crustaceans were chosen according to their invading power and spreading activity (canals city; Ismailia, El-Suez and Port Said) and in the eastern Mediterranean at Port Said city for *E. massavensis* and the others because of the biodiversity bower of different regions. The analysis included were the protein, carbohydrates, lipids, vitamins (B₁, B₂), minerals (K, Na, Ca, P, S) which are done in the present study.

Even though much work done on the flesh of *E. massavensis* (Gradwell et al., 1998; Mona et al.2000; Ibrahim and Khalil, 2009 and Hamdi, 2011, Abdel Salam

and Hamdi, 2011, Abdel Salam, 2014), study on their extracts was very limited in Egypt (Fahmy et al., 2009; Fahmy and Hamdi, 2011a,b).

Biochemical studies are very important from the nutritional point of view. The biochemical constituents in animals are known to vary with season, size of animal, stage of maturity, temperature and availability of food etc. Protein is essential for the sustenance of life and accordingly exists in the largest quantity of all nutrients as a component of the human body (Okuzumi and Fujii, 2000). An increasing demand for good quality animal protein for the exploding population has led to effective and increasing exploitation of the aquatic resources (Sudhakar et al., 2009).

In the present analysis, the edible muscles of mantis shrimps, shrimps and crabs indicated the presence of high level concentration of total proteins, especially in male *E. massavensis*. This result agreed with other studies which stated that protein is the most prominent biochemical component of crustaceans (Rosa and Nunes, 2002; Ehigiator, and Oterai,2012; Abdel-Salam, and Hamdi, 2011). In general, the high protein level recorded in the studied crustacean species indicates their high nutritive value. The elevation of protein percentage in the edible muscles may be due to the fact that it is the main component of the contractile elements of the striated muscles (Mona et al., 2000) and also can be attributed to omnivorous feeding habit of these crustaceans (Bello-Olusoji et al.,1995). Sallam et al. (2006) reported that *E. massavensis* in Suez Canal ranks as the second rich

edible crustacean after the blue crab, *P. pelagicus* which in turn draws the attention to the need of considering this protein rich crustacean as good competitor among its economic counterparts. While, in the present study, the recorded data showed that males *E. massavensis* in Suez Canal ranks as the first rich edible crustacean before *P. pelagicus*.

Carbohydrates constitute only a minor percentage of total biochemical composition. This constituent in fishery products contain no dietary fiber but only glucides, mostly glycogen. They also contain traces of glucose, fructose, sucrose and other mono and disaccharides (Okuzumi and Fujii, 2000). In the present study male and female *E. massavensis* recorded the largest value of carbohydrate concentrations (2.59, 2.95 %) respectively. The previous studies were suggested that the carbohydrates in the muscle varied from 2.4 to 3.4% in *C. smithii* (Balasubramanian and Suseelan, 2001), 0.16 to 0.55% in *P. pelagicus* and 0.44 to 0.73% in *P. sanguinolentus* (Radhakrishnan, 1979). Recently Murugesan *et al.* (2008) reported that carbohydrate content of hard shell crabs (1.42 %) of *C. lucifera* was little bit lower than eyestalk ablated crabs (1.45%) .

Lipids are highly efficient as sources of energy and they contain more than twice the energy of carbohydrate and proteins (Okuzumi and Fujii, 2000). In the present study, male *E. massavensis* and male *P. pelagicus* of Mediterranean Sea were recorded the highest values of total lipids (17.66, 15.49 %) respectively. Balasubramanian and Suseelan (2001) recorded that the lipid values from 6.2 to 7.6% in *Charybdis smithii*. In *P. pelagicus* the lipid value was 3.3 to 5.6 % and *P. sanguinolentus* it was 3.8 to 5.5% -(Radhakrishnan, 1979). In crustaceans, lipids are not only the principal organic reserves and source of metabolic energy, but also indispensable in maintaining cellular integrity. Lipids as a general rule act as major food reserves along with proteins and are subjected to periodic fluctuations influenced by environmental variables like temperature (Nagabhushanam and Farooqui, 1982) .

In the present study, Vitamins B₁, B₂ were analyzed in all types of crustaceans studied of all regions (table 2). The results recorded the highest average concentrations of vitamin B₁ (0.407, 0.385 mg/ 100 gm) of female *M. monoceros* and male *P. pelagicus* respectively. While, male and female *M. monoceros* of the Arabian Gulf recorded the highest value of vitamin B₂ (0.532, 0.429 mg/ 100gm, respectively). Moreover, the recorded data detected that edible muscles of all studied samples had higher concentrations of vitamin B₂ than vitamin B₁ except males and females *P. pelagicus* of Arabian Gulf. In general, the high level of vitamin B₁ and vitamin B₂ in edible muscles of these marine organisms indicates its high nutritive value.

Marine organisms form a good source of minerals. The fish and shellfish can absorb minerals directly from the aquatic environment through gills and body surfaces.

Almost all the elements that occur in seawater are found to some extent in aquatic animals and some of these include Na, K, Ca, P, S. The minerals serve as components of bones, soft tissues (sulfur amino acids, metalloproteins), as co-factors and co-activators of various enzymes important in human nutrition. Calcium, phosphorus and the electrolytes (Sodium and potassium) are considered to be as macro elements and iron, copper, zinc, iodine, chromium, cobalt, manganese, molybdenum and selenium are considered as trace elements that are required for normal functioning, for instance the more soluble minerals such as Ca, P, Na, K and Cl are involved in the maintenance of acid-base balance and membrane potential. The calcium and phosphorus together account for 70 to 80% of the minerals in the skeleton of fish (Nair and Mathew, 2000). The phosphorus (adenosine polyphosphate) act as a key substance for energy release and present in phospholipids

In the present study, analysis of 5 elements (K, Na, Ca, P and S) present in edible muscle of mantis shrimps, shrimps and crabs showed the highest average concentration of K (677.05, 600 mg/ kg) and Na (703, 688 mg/ kg) present in male and female *E. massavensis* respectively, Also, male and female *E. massavensis* recorded the highest value of Ca, P concentration, while female *P. pelagicus* of Red Sea and Arabian Gulf recorded the highest value of S concentration. Additionally, the recorded data declared that edible muscles of all studied crustaceans enriched with Ca, P and S as compared with K and Na elements. This variations in mineral contents might be attributed to species and sex variations (Roy *et al.*, 2012) or might be attributed to variations in inhabiting regions.

The muscle and carapace extracts of *P. clarkii* and *E. massavensis* were recorded the highest amount of P (phosphorus) followed by Ca (calcium) and K (potassium) than other minerals analyzed; (than Mg, Fe, Mn, Zn, Cu). Also, that vitamin B₆ was recorded the highest amount values measured followed by vitamin E and then vitamin D than other vitamins analysed; (than vit. B₁₂, vit. B₂, vit. B_p, vit. B₁ and vitamin A). Also analysis of *Trionyx sinensis* indicates that it is a good source of minerals (Calcium and Phosphorus) and vitamins A, B₁, B₂ and D (Yin *et al.*, 2005). Regarding to the applications of these very important rich extracts component in Egypt (Fahmy *et al.*, 2009; Fahmy and Hamdi, 2011a,b) who throw the light for the first time in Egypt on their antioxidant effects as a curative effect of both extracts on kidney and liver dysfunction.

In conclusion mantis shrimps, shrimps and crabs used in this study could be a balanced human diet and could be employed as an alternative dietary supplement of protein, carbohydrate ,lipids ,vitamin and mineral matters in the body(food supplement) or may be used in some pharmaceutical industries if we can use it in the treatment of some diseases. Hence the consumption of these marine

organisms used in this study would help to prevent nutritional deficiencies and some diseases in the future.

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