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Short Communication

Of expression and manifestation

Dibakar Pal

Executive Magistrate in India and PhD Student

E-mail: dibakar1956@gmail.com

Abstract

Man speaks thereby expresses. Nature speaks not thereby manifests through its unique style. Since speaking capacity is limited, expression highlights little thereby illuminates less dark assertion and events of reality. On the contrary, the unobstructed view of nature viz., vastness of sky, robustness of hills and mountains, depth of oceans, gentle breeze, rainbow with seven enchanting colors at the horizon, etc. appears nobly thereby impresses with silent infinite words. Thus expression is eloquent, violent and direct but in true sense passive in nature. It speaks much thereby wastes more time and last of all it signifies nothing. Sometimes it offers the most bogus impression. Also it tries to explain in vain. Manifestation is silent, tender and indirect but most relevantly active in nature. Expression is the cause and manifestation is its effect. Extrovert people express. Introvert people manifest. Expression is the stream of consciousness. Manifestation is the spontaneous flow of unconsciousness of mind like Catharsis. Thus eloquent expression discloses the significance of silent manifestation. It is the net outcome or summation of all feelings since it echoes inner voice of the concerned soul. And here lies the superiority of manifestation over expression through its overriding effect that surpasses all emotions or exposures.

Keywords: Expression, manifestation, communication and writing.

INTRODUCTION

Creative writing does not inform rather reveals. So it bears no reference. The present article is an outcome of creative writing meant for lay readers. As such free style is the methodology adopted so that pleasure of reading can be enjoyed by the common mass. As you know well that Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely *Of Love, Of Friendship, Of Ambition, Of Studies*, etc. The myriad-minded genius rightly pointed out that all the words of the dictionary can be the themes of essays one can write. But little has been done, in this regard since his death, in order to finish his unfinished monumental works. In fact Bacon's way of presentation i.e., his unique individual style kindled the imagination already in me and encouraged me as well to write essays, in the light of creative writing, thus to get relief through Catharsis.

Expression means to show or make known thought, feelings, an opinion, ideas etc in words or by gestures, conduct, looks or actions. It implies oneself to speak, write or communicate in some other way what one thinks, means or feels. It puts into words or represents in language. It is a picturing, representing, or symbolizing in art, music, etc.

Thus expression signifies disclosing especially a meaningful and eloquent manner of speaking, singing, etc. e.g., to read with expression. It is a usage of particular word, phrase or sentence e.g., "catch cold" is an idiomatic expression. It is a showing of feeling, character, etc. e.g., laughter as an expression of joy. It is a look, intonation, sign, etc. that conveys meaning or feeling e.g., a quizzical expression on the face. It is a strong show or conveying of feeling for the meaning in

the performance of a piece of music or speaking. Also, it is the representation of something in a particular way, e.g., a symbol or a set of symbols expressing some mathematical fact, as a quantity or operation. It is a showing by a symbol, sign, figures, etc. Generally, the prices are expressed in local currency. Sometimes the figures are expressed as percentages. Expression mark is a sign or word indicating the required manner of performance. Also expression means a pressing out or squeezing out, as of juice or air.

Expression is a look on a person's face that shows a mood or feeling. Face is the mirror of a man. Face can wear a worried, painted or peculiar expression. Expression may be clear, definite, vague and ambiguous as well. Expression may be for definite purpose. For example, a dictionary expressly written for foreign students of English. The school encourages free expression in art, drama and creative writing. This learning is an ever asset and paves the way for future success. Poet expresses his hope and despair in his verse. Shut up i.e., stop talking is not a polite expression. Some intellectuals have an irritating habit of using outdated English expressions viz., a word or phrase to show their familiarity with the language.

Expression has its various forms and features viz., express one's doubt, reservations, fears about something, express one's emotions, views, interest, surprise, disappointment, grief, anger, pain, pleasure, etc. Wording, diction are manner or means of expression in language. A person's facial appearance or intonation of voice especially indicates feeling. Expression deals with the depiction of feeling, movement, etc., in art and culture.

Words cannot express gratitude. Feeling cannot be expressed. So expression has its limitation. Vehicle of expression and its choice is very important. This choice differs on time, place, person, etc. Only few persons can rightly choose and effectively apply that technique. This answers why we see very few successful expressive persons around us. If any body cannot speak in a foreign language he will speak in his mother tongue. Then he needs an interpreter. If a learner can quarrel fluently in a foreign language then he has definitely finished his learning.

Manifestation is an event, an action, an object or a statement that shows something clearly, e.g., illustrating or resulting from an abstract idea. Genetics is the manifestation of a trait of a particular gene. The riots, strike, agitation, social movement, etc are a clear manifestation of the people's discontent. It is like hallucination. It is an appearance of a ghost or a spirit. So a sensitive soul or a timid character claims to have seen manifestations of dead people or ghosts in the haunted house.

They say god and ghost do not exist. These are merely hypothesis. Yet man is afraid of both. Hypothesis is simply an imagination. Imagination never dies. Rather

it exists and flourishes with its flying colors. The activity of imagination is democratic in nature. Hard reality is the enemy of virgin imagination. Perhaps the action of existing thing is known. So man can take precaution and live freely. But unknown force, whether little or much, can spread panic easily due to its unknown power. Unknown is its power, like ignorance is blessing. Thus, nonexistent thing exists through rumor.

Where expression ends manifestation begins. The outcome of manifestation is more clear and obvious than expression. It has universal and ever lasting appeal. Since it is culture free it has equal impact to all and everywhere as well. Manifestation has insight. It can see the thing behind a wall. Manifestation is the exposure of secrets, perfection and imperfection of mind.

Through expression man discloses his said story. But manifestation eloquences unsaid story. This unsaid story is just like the flower of distant hill that blossoms and withers away quite in unaware. Only a fortunate globe trotter can notice it. The silent gaze of lover is full of eloquence. The last rays of the setting sun have deep inner significance. A pessimist mourns when the sun sets. But an optimist knows that every sun set guarantees another sun rise on the very next day.

Suppression reveals more than expression. Manifestation identifies the real man who discloses himself quite in his unaware. Expression speaks little speaks not more. Manifestation covers both eloquence and silence. Its operation takes place in silent mode like natural events namely sun rise and sun set, fall of meteoroids, periodic appearance of comet, etc. In fact cosmic events occur silently but human activities, being infinitely small in comparison with noble cosmological facts, do suffer from unbearable noise that has no base and thereby no brake at all.

A good teacher can read the face of a student whether the student has realized the lesson. Drawing is the language of engineers. Similarly, words are the tools of communication. Expression and manifestation reveal less than the actual feeling. It does not mean that man suppresses. But it reveals the limitation of communication of these two methodologies. In fact, man cannot express what he feels. The language of feeling is superior than the language of expression or manifestation. In fact perception can not be expressed. It can be realized only. The wearer knows where the shoe pinches. Unless a person wears shoe he can't feel the pain. Joy or pain, sorrows and sufferings are the matters of feeling not expression. As such we use the word 'unspeakable' or 'word fails'. Eyes can't speak but communicate silently. This silent communication has much depth and inner meaning than words. A lover can notice the beckon of love in her fiancée's eyes.

Talkative silence of the vast universe renders a romantic heart quite perplexed and spell bound. This silent beckon drags a man from his house to the outer world and converts him a perfect vagabond. Thus,

silence has no substitute. In fact silence itself is its substitute. Noise breaks the silence. This interruption causes annoyance to a person who either is absorbed in meditation or studies or deeply absorbed in any thought or performing any job that demands serious attention.

The pale face speaks about pain. Bright eyes signify inner power or fire of soul. As such they say, silence is more eloquent than speaking. Through expression man uses thousand words but it has little impact. Rather a picture is worth than thousand words. It manifests the real essence of any fact.

Man speaks thereby expresses. Nature speaks not thereby manifests through its unique style. Since speaking capacity is limited, expression highlights little thereby illuminates less dark assertion and events of reality. On the contrary, the unobstructed view of nature viz., vastness of sky, robustness of hills and mountains, depth of oceans, gentle breeze, rainbow with seven enchanting colors at the horizon, etc. appears nobly thereby impresses with silent infinite words.

Thus expression is eloquent, violent and direct but in true sense passive in nature. It speaks much thereby wastes more time and last of all it signifies nothing. Sometimes it offers the most bogus impression. Also it tries to explain in vain. Manifestation is silent, tender and indirect but most relevantly active in nature. Expression is the cause and manifestation is its effect. Extrovert people express. Introvert people manifest.

Expression is the stream of consciousness. Manifestation is the spontaneous flow of unconsciousness of mind like Catharsis. Thus eloquent expression discloses the significance of silent manifestation. It is the net outcome or summation of all feelings since it echoes inner voice of the concerned soul. And here lies the superiority of manifestation over expression through its overriding effect that surpasses all emotions or exposures.